



# Central Philippine Adventist College

Alegria, Murcia, Negros Occidental

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## Bachelor of Physical Education

(CMO 80, 2017)

FIRST YEAR					
First Semester			Second Semester		
Course No	Subject	Unit	Course No	Subject	Unit
GEC1	Understanding the Self	3	GEC4	Purposive Communication	3
GEC2	Readings in Philippine History	3	GEC5	Art Appreciation	3
GEC3	Mathematics in the Modern World	3	PE2	Rythmic Activities	2
PE1	Self-Testing Activities	2	NSTP2	NSTP 2	3
NSTP1	NSTP 1	3	WOED2	Work Ed 2 – Music Class	2
WOED1	Work Ed 1 – Philosophy of Work	2	RLG2	Denominational History	3
RLG1	Life and Teaching of Jesus Christ	3	PROFED 1203	The Teacher and the Community, School Culture and Organizational Leadership	3
PROFED 1101	The Child and Adolescent Learners and Learning Principles	3	PROFED 1204	Facilitating Learner-Centered Teaching	3
PROFED 1102	The Teaching Profession	3	PEFOU 2201	Philosophical and Socio-Anthropological Foundations of Physical Education and Sports	3
PESDA 1101	SDA Philosophy of Sports and Dances	3	PEFOU 2202	Anatomy and Physiology of Human Movement	3
<b>Total</b>		<b>28</b>	<b>Total</b>		<b>28</b>

SUMMER		
Course No	Subject	Unit
PEFOU 1303	Sports and Exercise Psychology	3
PEPER 1301	Movement Education	3
PEPER 1302	Individual and Dual Sports (Racket Sports, Athletics Martial Arts)	3
<b>Total</b>		<b>9</b>

SECOND YEAR					
First Semester			Second Semester		
Course No	Subject	Unit	Course No	Subject	Unit
GEC6	Science, Technology & Society	3	GEC8	The Contemporary World	3
GEC7	Ethics	3	GEEF2	Filipino sa Iba't Ibang Disiplina	3
GEEF 1	Komunikasyon sa Akademikong Filipino	3	PE4	Team Sports	2
PE3	Individual Sports	2	WOED4	Work Ed 3 – Homemaking and Cookery	2
RLG3	Christian Beliefs & Spiritual Gifts	3	RLG4	Daniel and Revelation	3
PROFED 2105	Foundation of Special & Inclusive Education	3	PROFED 2207	Assessment in learning 2	3
PROFED 2106	Assessment in Learning 1	3	PROFED 2208	Technology for Teaching and Learning 1	3
PEFOU 2104	Principles of Motor Control and Learning of Exercise, Sports and Dance	3	PECON 2201	Applied Motor Control and Learning of Exercise, Sports and Dance	3
PEFOU 2105	Physiology of Exercise and Physical Activity	3	PEPER 2203	Swimming and Aquatics	3
<b>Total</b>		<b>27</b>	<b>Total</b>		<b>25</b>

SUMMER		
Course No	Subject	Unit
PEPER 2304	Emergency Preparedness and Safety Management	3
PEPER 2305	Coordinated School Health Program	3
PEEL 2301	Arts in the K-12 Curriculum (Sugessted Elective)	3
<b>Total</b>		<b>9</b>

THIRD YEAR					
First Semester			Second Semester		
Course No	Subject	Unit	Course No	Subject	Unit
GEC9	Life and Works of Rizal	3	RLG6	Adventist Home and Child Evangelism	3
GEEF 3	Masining na Pagpapahayag	3	LDRSP 3102	Outdoor Leadership 2	2
RLG5	Philosophy of SDA Education	3	PROFED 3210	Building & Enhancing New Literacies Across the Curriculum	3
LDRSP 3101	Outdoor Leadership 1	2	PEPER 3207	Team Sports, (Soccer/Footbal, Basketball, Volleyball, Baseball, Softball, Non-traditional, Ultimate, Handball, Floorball, Futsal, Sepak Takraw)	3
PROFED 3109	The Teacher and the School Curriculum	3	PEPER 3208	Philippine Traditional Games	3
PEFOU 3106	Research	3	PEPER 3209	International Dance and other Forms	3
PEPER 3106	Philippine Traditional Dances	3	PEPER 3210	Drug Education, Consumer Health Education, and Healthy Eating	3
PECON 3102	Process of Teaching PE and Health Education	3	PECON 3203	Curriculum and Assessment for Physical Education and Health Education	3
LTRE1	Philippine Literature	3	LTRE2	World Literature	3
<b>Total</b>		<b>24</b>	<b>Total</b>		<b>20</b>

SUMMER		
Course No	Subject	Unit
PECON 3304	Technology for Teaching and Learning 2 (Tech. Application in Teaching PE & Health Education including Instructional Materials Dev't.)	3
PECON 3311	Personal, Community and Environmental Health	3
PEEL 3302	Music in the K-12 Curriculum (Suggested Elective)	3
<b>Total</b>		<b>9</b>

FOURTH YEAR					
First Semester			Second Semester		
Course No	Subject	Unit	Course No	Subject	Unit
PROFED 4111	Field Study 1	3	PROFED 4213	Teaching Internship	6
PROFED 4112	Field Study 2	3	COEN 4202	Course Enrichment 2	1
COEN 4101	Course Enrichment 1	1			
<b>Total</b>		<b>7</b>	<b>Total</b>		<b>7</b>

Prepared by:

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